

Lumberjacks **THRIVE** Externship

Connect with top-level Lumberjack executives for career exploration and discovery through a Lumberjacks Thrive Externship.



ALUMNI HOST MENTOR OVERVIEW

Lumberjacks Thrive is a university program that strengthens the Lumberjack community by connecting alumni and students in a meaningful way. Executive-level alumni will mentor current NAU students for career exploration and a firsthand look into what it takes to thrive in the modern workplace. Alumni give back to NAU by serving as a mentor throughout the spring semester and hosting the student for a multi-day professional development experience. NAU staff will match students with alumni mentors, and the university will cover the student's travel and lodging expenses.

WHAT IS AN EXTERNSHIP?

Externships are “career experiments” designed to help students explore their chosen area of study or fit within a selected career field. Students will learn how their major aligns with career interests, gain practical experience that enhances their résumés, develop skills that create a competitive edge entering the workforce, and build an expanded network. Through this process, alumni hosts will be exposed to NAU talent and can share the transformative power of an NAU education.

As a Lumberjacks Thrive Externship host, YOU will:

- Guide a student through day-to-day activities in a career field or industry of interest
- Introduce a student to different areas or functions of your organization
- Share your NAU success story and serve as a mentor to a fellow Lumberjack
- Discover the power of the Lumberjack network and connect with potential new employees
- Grow a deeper connection to NAU

Recommended opportunities to offer:

- Job shadowing in various professional settings to expose the student to a diverse workplace
- Informational interviews with key leaders from different areas within your organization
- Attendance at meetings and participation in other professional interactions
- Tours of facilities, worksites, etc.
- Cultural enrichment activities

EXTERNSHIP DETAILS:

Undergraduate students at the sophomore level or higher (31+ credit hours; min. 3.0 GPA) are eligible to apply. As a mentor, you will meet with your mentee once per month, check in with Alumni Engagement staff monthly, and organize a two- to four-day onsite job shadowing experience for your student. The extern will also participate in professional development training hosted by NAU Career Development. Mentoring activities will take place throughout the spring semester, and the mentor and mentee will determine the timing of the externship experience, ideally between March and early June. Student transportation to/from the city in which the externship takes place and lodging for the duration of the externship will be arranged and paid for by the Thrive program. Students will also receive a meal stipend.

Student applications will be due October 1, 2023. Pairings will be announced in November 2023. The externship program will run from January through May 2024.

HOW TO APPLY:

Alumni interested in serving as a mentor for the Lumberjacks Thrive Externship program should contact Eva Johnson at Eva.Johnson@nau.edu or (928) 523-0291. Please visit nau.edu/externship for more information.